



International Volunteering - Atenas, Costa Rica

Date del programma

Periodi di 3 o 4 settimane con partenze nelle seguenti date:

- 15 luglio
- 22 luglio
- 29 luglio
- 5 agosto
- 19 agosto
- 2 settembre

Chiusura iscrizioni

Prima chiusura iscrizioni: 12 febbraio 2019

Seconda chiusura iscrizioni: 2 maggio 2019

Ciascuno studente potrà decidere entro quale scadenza completare la propria candidatura, tenendo presente che, optando per la prima scadenza, si riceverà prima la conferma relativa al progetto di volontariato e sarà quindi possibile acquistare il biglietto aereo con maggiore anticipo.

Costo

- 3 settimane: € 2.045
- 4 settimane: € 2.425

Alcuni progetti Wildlife Conservation and Healthcare potrebbero prevedere un costo aggiuntivo di circa 150 €, che potrà essere confermato in fase di selezione.

Il costo del programma comprende:

- orientamento e supporto in fase di iscrizione al progetto di volontariato
- assistenza nella fase prima della partenza
- numero di emergenza attivo 24/7 durante la permanenza all'estero
- assistenza referente locale
- servizio di pick-up all'arrivo all'aeroporto la domenica precedente l'inizio dell'attività di volontariato
- attività di volontariato per 20 o 30 ore alla settimana
- alloggio in famiglia
- vitto completo in famiglia (3 pasti/giorno)
- corso di lingua spagnola di 2 settimane (solo per opzione di

4 settimane)

- assicurazione sanitaria per la durata del programma
- attestazione di partecipazione e descrizione dell'attività svolta

Sono invece esclusi dal costo:

- viaggio A/R
- eventuali spese relative all'ottenimento del visto
- eventuali spese relative a vaccini
- tutto quanto non espressamente specificato al paragrafo precedente

Accommodation

Alloggio presso famiglie locali

The destination

Volunteers live in Atenas, a small, relatively prosperous farming town in the central highlands of Costa Rica where coffee, sugar-cane, and fruit are grown. Life here revolves around family and community, and the nightlife consists mostly of family gatherings, barbecues, and shared meals. Local residents can often be found browsing the colorful farmer's market for fresh produce, enjoying a cup of local coffee at a café, or strolling in the park at the center of the city. Atenas is renowned for its climate, which keeps the city warm in the daytime and cool at night.

Projects

Teaching & Childcare

Teaching & Childcare volunteers have a direct impact on their host communities by interacting daily with local students and educators. Whether they work with primary students, secondary students, or adults, teaching volunteers contribute their enthusiasm and skills to address some of the most pressing needs of their host communities.

Those who volunteer with childcare and orphanage assistance serve as role models for underprivileged children in communities around the world. The children that volunteers work with may be orphans, children whose parents are unable to care for them, or participants in day tutoring and care programs for low-income children.

Volunteers can be involved in:

- › Assisting teachers in the classroom
- › Writing lesson plans
- › Teaching lessons and classes
- › Leading after-school activities
- › Assisting staff with cleaning, meal preparation, and laundry

Community Development and Women's Development

Community Development programs connect volunteers with the most pressing needs of their host communities.

Many volunteers provide job skills training for the unemployed or teach subjects like computer skills and English, while others assist with community assistance programs like soup kitchens and shelters.

Some volunteers also work on improving community infrastructure. Often, volunteers connect with local organizations that work to support marginalized groups and promote social justice.

Many volunteer programs are dedicated to women's development. Volunteers work with women's groups, local organizations that primarily serve the local female population, and social work agencies who assist women and families to empower women and support their efforts in recovery, education, and/or economic independence.

Volunteering in the field of women's development is a unique way to form close connections with community members, while providing help and friendship to women in difficult situations. In addition to their valuable contributions at project sites, volunteers learn about the challenges that women face around the world and bring this knowledge home with them, shedding light on an important issue and learning how to create needed change.

Volunteers can be involved in:

- › Helping women recover from exploitation and abuse
- › Teaching job skills at a women's development cooperative
- › Helping women who are suffering the effects of alcoholism, poverty, depression
- › Assisting with meal preparation at shelters

Health Education & Healthcare

Volunteer projects in health education & healthcare promote public health initiatives around the world and aim to support health clinics and hospitals in communities that lack access to adequate healthcare. Health education volunteers partner with local nonprofits, government agencies, or healthcare providers to help community members become active agents in pursuit of their own health and the health of their families. Volunteers provide support and services, including record-keeping, helping patients to and from procedures, making beds, sanitation, and helping to keep long-term pediatric patients occupied and active. Whether raising awareness about preventing diseases like malaria and AIDS, providing education outreach about drug use, volunteers who choose a health education project through World Endeavors make a direct and lasting impact on the lives of the populations they serve.

Sports Coaching

World Endeavors Sports Coaching volunteers' projects share their passion for sports while making a difference in the lives of local youth.

Wildlife Conservation

Volunteers work with an animal rescue center with animals that have been illegally kept as pets, or illegally trafficked. They provide love, attention and a safe, healthy environment for these animals with the goal of rehabilitating them to be released back into the wild. Volunteers care for baby sloths, monkeys, olingo, kinkajou, tapirs, big cats, and a large variety of tropical birds. Volunteers also increase community awareness about animal rights and the problems with keeping wild animals as pets. Volunteers can also be placed with turtle conservation projects, including sea turtles, and land and freshwater turtles.

Volunteers can be involved in:

- › Feeding the turtles
- › Maintaining the facilities that protect the turtles
- › Building hatcheries, night patrols in search of sea turtles and tracks
- › Counting baby turtles and releasing them